

**Twenty-Nine Bicycle Journeys to and from A
English Towns and Villages Completed on 1 April 1994**

Journey No. I: Seven Hours and Forty-Eight Minutes from Abbey Hulton to Abergele

116.9 kilometers via

Sroke-on-Trent

Nantwich

Alpraham

Tarporley

Clotton

Tarvin

Chester

Handbridge

Lache

Saltney

Hawarden

Queensferry

Wepre

Connah's Quay

Flint

Bagillt

Holywell

Trelawnyd

Dyserth

Rhuddlan

David Glenn Rinehart

Journey No. II: Ten Hours and Eleven Minutes from Abergele to Accrington

152.7 kilometers via

Rhuddlan	Tarvin
Dyserth	Clotton
Trelawnyd	Stretton
Holywell	Stockton Heath
Bagillt	Warrington
Flint	Winwick
Connah's Quay	Lowton Common
Wepre	Atherton
Queensferry	Bolton
Hawarden	Daubhill
Saltney	Bradshaw
Lache	Helmshore
Handbridge	Haslingden
Chester	Baxenden

David Glenn Rinehart

Journey No. III: One Hour and Fifty-Six Minutes from Accrington to Addlington

29.0 kilometers via
Church
Blackburn
Feniscowles
Pleasington
Chorley

David Glenn Rinehart

Journey No. IV: Seven Hours and Eleven Minutes from Addlington to Afon-wen

107.7 kilometers via
Wigan
Ince-in-Markerfield
Abram
Golborne
Stockton Heath
Stretton
Clotton
Tarvin
Chester
Handbridge
Lache
Saltney
Broughton
Buckley
Prenbigog
Nannerch

David Glenn Rinehart

Journey No. V: Seven Hours and Twenty-Nine Minutes from Afon-wen to Aigburth

112.3 kilometers via

Nannerch

Prenbigog

Buckley

Broughton

Saltney

Lache

Handbridge

Chester

Tarvin

Clotton

Stretton

Stockton Heath

Warrington

Newton le Willow

Liverpool

Prescot

Knotty Ash

Mossley Hill

David Glenn Rinehart

Journey No. VI: One Hour and Fifty-Eight Minutes from Aigburth to Ainsdale

29.4 kilometers via
Liverpool
Litherland
Thornton
Ince Blundell
Formby
Freshfield

David Glenn Rinehart

Journey No. VII: Three Hours and Forty-Five Minutes from Ainsdale to Ainsworth

56.3 kilometers via

Southport

Ormskirk

Skelmersdale

Digmoor

Up Holland

Orrell

Wigan

Hindley

Westhoughton

Bolton

Daubhill

David Glenn Rinehart

Journey No. VIII: Three Hours and Sixteen Minutes from Ainsworth to Aintree

49.0 kilometers via

Bolton

Daubhill

Westhoughton

Hindley

Wigan

Orrell

Up Holland

Digmoor

Skelmersdale

Liverpool

Maghull

Kirkby

David Glenn Rinehart

Journey No. IX: Four Hours and Twenty-Eight Minutes from Aintree to Alderley Edge

67 kilometers via
Liverpool
Prescot
Warrington
Newton le Willow
Orford
Appleton Thorn
Mere
Knutsford
Mobberley

David Glenn Rinehart

Journey No. X: Four Hours and Two Minutes from Alderley Edge to Aldford

60.5 kilometers via
Chelford
Twemlow Green
Holmes Chapel
Middlewich
Winsford
Clotton
Huxley
Rowton

David Glenn Rinehart

Journey No. XI: Five Hours and Thirty Minutes from Aldford to Allerton

82.5 kilometers via
Rowton
Huxley
Clotton
Stretton
Stockton Heath
Warrington
Newton le Willow
Sutton Leach
Rainhill
Liverpool
Whiston
Gateacre
Woolton

David Glenn Rinehart

Journey No. XII: Five Hours and Ten Minutes from Allerton to Alsager

77.5 kilometers via

Liverpool

Woolton

Gateacre

Whiston

Rainhill

Warrington

Stockton Heath

Stretton

Rudheath

Middlewich

David Glenn Rinehart

Journey No. XIII: Six Hours and Twenty Six Minutes from Alsager to Altham

96.5 kilometers via

Warren

Macclesfield

Tytherington

Poynton

Hazel Grove

Stockport

Heavily

Levenshulme

Rusholm

Manchester

Prestwich

Whitefield

Radcliffe

Bury

Summerseat

Helmshore

Haslingden

Baxenden

Accrington

David Glenn Rinehart

Journey No. XIV: Seven Hours and Thirty Nine Minutes from Altham to Alton

114.7 kilometers via

Accrington	Levenshulme
Baxenden	Stockport
Haslingden	Heavily
Helmshore	Hazel Grove
Summerseat	Poynton
Bury	Tytherington
Radcliffe	Macclesfield
Whitefield	Bosley
Prestwich	Leek
Manchester	Cheddleton
Rusholm	Cheadle

David Glenn Rinehart

Journey No. XV: Four Hours and Thirty Three Minutes from Alton to Altrincham

68.2 kilometers via
Cheadle
Cheddleton
Leek
Bosley
Macclesfield
Alderley Edge
Morley Green
Halebarns
Hale
Warrington

David Glenn Rinehart

Journey No. XVI: Six Hours and Six Minutes from Altrincham to Ansdell

91.6 kilometers via
Broadheath
Manchester
Sale
Worsley
Walkden
Bolton
Wingates
Blackrod
Chorley
Whittle-le-Woods
Preston
Bamber Bridge
Walton-le-Dale
Sharoe Green
Broughton
Elswick
Singleton
Blackpool
Common Edge
Lytham St. Anne's

David Glenn Rinehart

Journey No. XVII: Nine Hours and Forty Three Minutes from Ansdell to Ashley

145.8 kilometers via

Lytham St. Anne's	Standish
Common Edge	Wigan
Blackpool	Ince-in-Markerfield
Singleton	Abram
Elswick	Golborne
Broughton	Warrington
Sharoe Green	Stockton Heath
Preston	Stretton
Walton-le-Dale	Rudheath
Bamber Bridge	Middlewich
Clayton-le-Woods	Crewe
Euxton	Shavington
Charnock Richard	Walgherton
Coppull Moor	Woore

David Glenn Rinehart

Journey No. XVIII: Three Hours and Seventeen Minutes from Ashley to Ashton

49.2 kilometers via

Woore

Walgherton

Nantwich

Alpraham

Tarporley

Clotton

Tarvin

David Glenn Rinehart

Journey No. XIX: Three Hours and Forty Two Minutes from Ashton
to Ashton Upon Mersey

55.4 kilometers via
Ellesmere Port
Frodsham
Kingsley
Stretton
Grappenhall
Warrington
Lymm
Warrington
Partington
Carrington

David Glenn Rinehart

Journey No. XX: Two Hours and Thirteen Minutes
from Ashton Upon Mersey to Ashton-in-Makerfield

33.3 kilometers via
Manchester
Stretford
Boothstown
Leigh
Golborne

David Glenn Rinehart

Journey No. XXI: Two Hours and Fifty-Five Minutes
from Ashton-in-Makerfield to Ashton-under-Lyne

43.8 kilometers via
Golborne
Leigh
Boothstown
Manchester

David Glenn Rinehart

Journey No. XXII: Two Hours and Twenty Nine Minutes
from Ashton-under-Lyne to Aspull

37.2 kilometers via
Manchester
Worsley
Walkden
Bolton
Wingates

David Glenn Rinehart

Journey No. XXIII: Fifty Nine Minutes from Aspull to Astley Bridge

14.7 kilometers via
Wingates
Daubnill
Bolton

David Glenn Rinehart

Journey No. XXIV: Forty Six Minutes from Astley Bridge to Atherton

11.4 kilometers via
Bolton
Daubhill

David Glenn Rinehart

Journey No. XXV: Two Hours and Six Minutes from Atherton to Audenshaw

31.6 kilometers via
Tyldesly
Boothstown
Manchester

David Glenn Rinehart

Journey No. XXVI: Four Hours and Fifty One Minutes from Audenshaw to Audlem

72.8 kilometers via

Denton

Manchester

Houghton Green

Stockport

Heavily

Bramhall

Woodford

Dean Row

Wilmslow

Alderley Edge

Chelford

Twemlow Green

Holmes Chapel

Elworth

Sandbach

Crewe

Shavington

Walgherton

David Glenn Rinehart

Journey No. XXVII: One Hour and Fourteen Minutes from Audlem to Audley

18.6 kilometers via
Walgherton

David Glenn Rinehart

Journey No. XXVIII: Five Hours and Fifty Minutes from Audley to Aughton Park

87.4 kilometers via

Alsager

Sandbach

Elworth

Middlewich

Rudheath

Stretton

Stockton Heath

Warrington

Clock Face

Rainhill

Liverpool

Prescot

Knowsley

Kirkby

Maghull

Town Green

Ormskirk

David Glenn Rinehart

Journey No. XXIX: Six Hours and Twenty-Seven Minutes
from Aughton Park returning to Abbey Hulton

96.7 kilometers via
Skelmersdale
Digmoor
Up Holland
Orrell
Wigan
Newton le Willow
Warrington
Stockton Heath
Stretton
Rudheath
Middlewich
Elworth
Sandbach
Rode Heath
Kidsgrove
Goldenhill
Tunstall
Burslem
Stoke-on-Trent

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